

2023 TOURNAMENT SEASON

APPLICATIONS

OPENING DATE: Mon 21st Aug
CLOSING DATE: Thur 31st Aug

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Players who have achieved the **ELIGIBILITY CRITERIA** to be considered for selection, **MUST APPLY ONLINE**

Visit www.walesgolf.org to access **ONLINE APPLICATION**
View **APPLICATION NOTES**

SELECTION

SQUAD ANNOUNCEMENT & OFFER emails: Mon 11th Sept

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The Selection Group will consider players (who have achieved the eligibility criteria AND submitted an online application), using **OBJECTIVE PERFORMANCE DATA**

View **APPLICATION NOTES**

PROGRAMME INFO & DATA COLLECTION DAY

PARC GOLF CLUB, NP10 8TU on Sat 23rd Sept
PYLE & KENFIC GOLF CLUB, CF33 4PU on Sun 24th Sept
(9:00AM - 5:00PM)

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All players **MUST attend** this session, where a series of **PERFORMANCE TESTS** to capture data relating to all elements of the game will be carried out. Results will be collated, with relevant info subsequently shared to player/personal coach.

PERFORMANCE PLANNING MEETINGS

ONLINE SESSIONS: 2 hour session on one of the dates
MEN: Sat 7th Oct or Sun 8th Oct
WOMEN: Tue 10th Oct or Thur 12th Oct

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Meeting of National Coach, with support from Wales Golf Mindset and S&C coaches, with Player and their Personal Team to create a Performance Plan which outlines goals, development priorities and delivery roles. This process includes ...

- **PERFORMANCE PLAN**
- **PERFORMANCE REVIEWS & FEEDBACK** (Based on subjective and objective records)
- **UPDATED PERFORMANCE PLAN**

View **PLANNING-REVIEW PROCESS** (to be issued following Squad Announcements)

SQUAD SESSIONS

GROUP SESSIONS:
Commencing November 2023 onwards ...

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Primarily over weekends at venues across Wales, the National Coach, with support from Wales Golf Mindset and S&C coaches, will deliver sessions which focus on **PERFORMANCE THEMES** of the game, in addition to individual time to address **WINNING SKILLS** identified for each player via their performance plan.

View **SQUAD PERFORMANCE THEMES & WINNING SKILLS** (available on request)

TOURNAMENT SCHEDULE

Feb 2024

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Players will be supported to plan their individual tournament schedule, based on Wales Golf **TOURNAMENT SCHEDULE GUIDELINES**.

Upon completion of this process, players will be offered **INTERNATIONAL TOURNAMENT FUNDING** to part-fund their competition at international events

View **TOURNAMENT SCHEDULE GUIDELINES** (to be issued in early 2023)

2023-24 High Performance Programme TIMELINE

2024 TOURNAMENT SEASON